



DR. MADHUSHREE CHOUDHARY

Psychologist & Hypnotherapist

CONTACT



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@Dr Madhushree Choudhary



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Founder of Madhuram care (Center of Rehabilitation and Hypnotherapies)

A renowned expert in the field of healing and a certified counselling psychologist having an experience of 14 years serving clients in a positive and constructive way, capable of motivating the young and adults to excel in their personal, social or professional life by providing the therapy required by an individual, Provides completely personalized services on the basis of the identification of the problem.

Since April 2016

Services Provided:

- Family issues
- Counselling
- Pranic Healing
- Hypnotherapy
- Chakra Healing
- Metaphor Therapy
- Family constellation
- Inner child Therapy
- Age Regression Therapy
- Meditations
- Relaxation Therapies for pregnant ladies.
- Past life therapy

Sr. Counsellor at Army Public School Jodhpur

April 2013-April 2019

Duties:

- Member of staff selection Board in APS.
- Member of disciplinary committee.
- Evaluation of children includes:
 - Intellectual & emotional level
 - Parent-child & teacher-student relationships
 - Learning strategies
 - Personality traits and development
 - Adjustment with new environment
 - Problem solving.
 - Critical & Creative thinking

Sr. Counsellor in Continuing Rehabilitation Education (CRE) Program under PPP Scheme & accreditation by National Institute for Empowerment of Persons with Multiple Disabilities & Rehabilitation Council of India.

2017- Present

Duties:

- Motivated education facilitators for a positive result.
- Created healthy environment in schools.
- To deal with differently disabled students.

Psychologist (Guest Lect.) in Surakshit Matritva Abhiyan at Vasundhara Hospital Jodhpur.

2015-2020

Duties

- Counselling pregnant women.
- Spread awareness about pregnancy.
- Belongingness with child.
- Established healthy relationship between the mother and the child.

Guest Motivator Lect. In Govt. Schools of Jodhpur.

2010- Present

Duties

- Spread awareness about latest career options.
- Helped them achieve their dream goals.
- Spread awareness about student's rights.

Worked as Master trainer and supportive Supervisor in "Strengthening counselling skills of HIV counsellors working with National AIDS Control Program".

2011- 2015

**Guest Lecturer (Dept. of Psychology)
UG Course (Rehab. Psychology)
PG Diploma (Rehab. Psychology)**

2011- 2013

**Rehabilitation Psychologist at TEPSE & HEPSN
(JNVU JODHPUR)**

2010- 2013

Project 'Mass Social Mobilization of Youth and Masses of the State. ' by (VVKI)

2007- 2008

Duties:

- Motivated education facilitators for a positive result.
- Created healthy environment in schools.
- Dealt with differently abled Students.

EDUCATION

2009-2012

Ph. D. in Psychology - Clinical Profile
Degree conferred- April 2013
Jai Narain Vyas University- Jodhpur Rajasthan
Title:
'Evaluation of Present Teaching Strategies for Autistic Children in Rajasthan and Gujarat State'

2005-2006

MA. in Psychology
Degree conferred- July 2006
Jai Narain Vyas University- Jodhpur Rajasthan

2002-2004

BA.(Psychology, Sociology and English Literature)
Degree conferred- Dec 2004
Jai Narain Vyas University- Jodhpur Rajasthan

2002-2004

B.ED.(Social Studies& English)
Trinity B.Ed. College Jodhpur

DIPLOMA & CERTIFICATE

1 June 2021-12 June 2021

WHO online certified courses on Covid 19 (Level 1-12)

2020

Metaphor Therapy (The Counselling Company).

2019

Inner Child Healing (IPHM).

2018

Integrated Clinical Hypnotherapy (EKAA) Level 1 to 5

2016- 2018

World Pranic Healing Foundation Inc(Basic to Kriyashakti Courses).

2017- 2018

PG Advanced Diploma in Child guidance & counselling.

2009- 2010

PG Diploma in Rehabilitation Psychology.

2007- 2008

The Art of Living instructor.

2005- 2006

PG Diploma in Human Resource Management.

PUBLICATIONS

Research Article 1

Title:” Quarantine and social distancing: scientific means in Indian traditional culture”.

**Journal: TRADITIONAL AND FOLK PRACTICES
(ISSN No. 2278-5906)**

Research Article 2

Title: “Evolution of basic skills through flash cards teaching and thinking strategies of autistic children”.

**Journal: International Journal Advance research in management and social science.
(ISSN No. 2278-6236)**

Research Article 3

Title: Attitude towards women among rural and urban males of different age groups”. Journal: International

**Journal Advance in social science and Humanities.
(ISSN No. 2347-7474)**

PROFESSIONAL TRAININGS

April 2017

EduRaksha Certified as FUEL Career Facilitator Army Welfare Education Society (FDR) Counsellor workshop no-9.

Jan 2015

Headquarter Southern command First Aid and Lifesaving Course.

March 2014

*Institute of Counsellor training Research and Consultancy (ICTRC)
“Basic course in Guidance and Counselling for Army School Counsellors”.*

Feb 2013

Refresher Training programme for Counselling Supervision held under the Global Fund Round 07, Saksham- TISS- conducted by JNVU, Jodhpur

Feb. 2012

Refresher course in Special Education.

Feb. 2011

5 days training for Counselling Super Vision (Saksham Global Fund Project) Department of Psychology JNVU, Jodhpur

Feb. 2011

5 days Counselling Supervision training TISS and RSACS Department of Psychology JNVU, Jodhpur

Dec 2011

21 Days Refresher course in Psychology on personality development and social issues.

Jan 2010

5 Days Refresher Training Programme For Master Trainers - conducted by department of Psychology, JNVU, Jodhpur

Nov 2010

21 Days Refresher course in Psychology.

Dec 2010

Refresher Training for master trainers on Gender and Sexuality conducted by TARSHI.

July 2009

*12 Days Induction Training For Master Trainers
The Global fund to fight AIDS, TB & Malaria Round 07- Counselling Subcomponent at SR- TISS, Mumbai.*

Oct 2006

5 Days Workshop on Counselling, Care & Support in the context of HIV/AIDS (Conducted by RSACS)

PARTICIPATED AS LECTURER

1. (CRE Program) Psychological and behavioral effects on sensitization & capacity Building of CWSN (Navjyoti Manovikas Special Teacher's Training college jodhpur) (20 -21 August 2021)
2. (CRE Program) Importance & benefits of psychology in the field of disability. National & international agencies working for persons with disability. (Ajay Leela special teachers training college Jodhpur). (15 July 2021).
3. Visionary guidance and exemplary leadership skills toward institute for promoting concerned responsibilities(SLBS Education foundation) (30 June 2021)
4. Technology in education in the new normal (IIU,WEO & Manipal University Jaipur).(10 June 2021)
5. Environmental , Protection for peace and harmony (WEO &IIU) (5 June 2021)
6. Maintaining Bodily and Mental Well-being in the Times of Covid-19: Both as a Patient and non-patient.(UNIVERSITY COLLEGE OF LAW MOHANLAL SUKHADIA UNIVERSITY,UDAIPUR) (15 May 2021)
7. (CRE Program) Behavior issues of children's in preschool education and it's management (Navjyoti Manovikas Special Teacher's Training college jodhpur) (22-24 December 2020)
8. 5th National Conference on Tobacco or health(Virtual) (25-27 September 2020)
9. International Webinar on impact of Covid-19 on human health, Environmental Perspectives, World Economy, Technology & Future of education.(JCD Memorial (PG) College, SIRSA Haryana) (5,6 June 2020)
10. (CRE Program) Understanding the students during teaching pattern of CWSN (Navjyoti Manovikas Special Teacher's Training college jodhpur) (17 to 19 February 2020)
11. (CRE Program) Marriage issues and marital counselling for PWD'S (Navjyoti Manovikas Special Teacher's Training college jodhpur) (19 to 21 December 2019)
12. To Motivate and encourage Prisoner about their valuable life in society.(Tonk central jail).(16/12/2019)
13. Varies Lecture about relationship family and conflict at Surat, Ajmer, Pushkar ,Sarvad & Jodhpur.
14. (CRE Program) Ways of supporting the people with disability for inclusion (Navjyoti Manovikas Special Teacher's Training college Jodhpur) (9 to 13 December 2019).
15. (CRE Program) The alternative to mainstreaming for special need students (Navjyoti Manovikas Special Teacher's Training college jodhpur).(9 to 13 December 2019).
16. (CRE Program) Ways of supporting the people with disability for inclusion. (Janardan rai Nagar Rajasthan Vidyapeeth Deemed to be University, Udaipur Raj) (26 to 30 November 2019)

ATTENDED

17. (CRE Program) The alternatives to mainstreaming for special needs students. (Janardan rai Nagar Rajasthan Vidyapeeth Deemed to be University, Udaipur Raj) (26 to 30 November 2019).

18. (CRE Program) Psychosocial needs of the family with reference to children with special needs. (Rudraksh Educational and welfare Society Jodhpur) (19 & 20 October 2019).

19. (CRE Program) Role of Psychologist in Early Childhood Education (Navjyoti Manovikas Special Teacher's Training college jodhpur) (10 to 12 October 2019)

20. (CRE Program) Advantage of TLM for CWID (Navjyoti Manovikas Special Teacher's Training college jodhpur) (27 to 29 March 2019)

21. (CRE Program) Understand the behavior pattern at school & home. (20-24 December 2018).

22. Basic concept and need of behavior (Navjyoti Manovikas Special Teacher's Training college jodhpur). (20-24 December 2018).

23. Impact of disability on family needs of parenting counselling. (Janardan rai Nagar Rajasthan Vidyapeeth Deemed to be University, Udaipur Raj) (26 to 28 November 2018).

24. (CRE Program) Various skills for parental counselling (Janardan rai Nagar Rajasthan Vidyapeeth Deemed to be University, Udaipur Raj) (26 to 28 November 2018).

25. To Motivate and encourage Prisoner about their valuable life in society.(Tonk central jail organized by International Vaish Federation) (14 Aug 2022)

26. LECTURED ON "How to save your family and your next generations" at Tonk organized by Bharat Vikas Parishad Tonk (14 Aug 2022).

1. Attended International Conference on Psychology beyond Horizon. JNVU, Jodhpur(30th to 1st Spt.2017)
2. National Conference dated 15-17 Nov.2016 (Current education perspective: Strategies and interventions), Department of psychology, JNVU, Jodhpur Rajasthan. **Paper presentation –Title--"Relation between Student and Teacher"**.
3. Attended National Seminar on Tribes in India dated Nov, 2 2014 (Challenges and their role in changing environment organized by Centre for developmental studies and research, Jodhpur.
4. 10th National conference of IAHB on Understanding Childhood Behavior dated 28th Feb, and 1st March, 09. Department of Psychology, JNVU, Jodhpur. **Paper presentation –Title--"Health needs of Autistic children often unmet at home"**
5. Attended National workshop (Sponsored by RCI, New Delhi) on understanding Autistic Children dated 1st and 2nd March, 2009. Department of Psychology, JNVU, Jodhpur.
6. 18th National Conference of Sports Psychology: Expanding Horizons dated 27th to 29th Jan, 2006. Department of Psychology, JNVU, Jodhpur. **Paper presentation –Title-- "YOGA EXERCISE AND SPORTS"**.

ACHIVEMENTS

1. NCC "C" certificate.
2. Certified The ART of Living Instructor.
3. Certified Pranic Healer.
4. Certified Hypnotherapist.
5. Certified Inner Child Therapist
6. Certified Metaphor Therapist

HOBBIES

Reading Books, Meditation, Gardening, Socializing, Writing, Travelling

CONTRIBUTION TOWARDS SOCIETY

1. We at Madhura care arranged regular online meditation sessions for people under severe stress because of the ongoing pandemic.
2. Provided counselling, motivational sessions for the students facing exam stress.
3. Services were offered not only in Jodhpur but also across the state of Rajasthan.
4. We organized a One day workshop for the students of Nagaur living in hostel and preparing for their competitive exams we provide them valuable guidance by motivating and encouraging young people or six days workshop for the children of age group 8 to 14 years was organized at Madhura care to teach them manage their emotional and intellectual needs.
5. In collaboration with Jodhpur Agriculture University we planned and executed one day workshop on women empowerment where the expert did their best to prepare woman towards their daily health and hygiene and most importantly towards their rights.
6. Apart from this Madhura care administered a few psychological tests on female students of class 9 to 12 studying at government schools. On the basis of the test results necessary guidance was provided.
7. We Also volunteered to extend our service expecting mothers to teach them manage their stress level.

AWARDS

1. 09/03/2022 Best Hypnotherapist & Healer Women conclave & Awards 2022 By The Crazy Tales.
2. 08/03/2022 Excellence work in social work by Wil Empower.
3. 31/01/2021 Motivating Students for better future. By Meera – E- Pathshala.
4. 28/09/2021 Excellence award in Counselling & Hypnotherapy by 94.3 My FM.
5. 03/10/2021 Shanti Sadh Bhawna Award by AAMIR KHAN EVENT COMPANY & HELP foundation.
6. 02/10/2021 Awarded as Inspiring and encouraging Women Leadership in varies field by Wil Empower.
7. 00/11/2021 Corona Warrior Saman by AIJMF.
8. 08/03/2021 Women ICON award for best Psychologist & Hypnotherapist by Vasundhara Hospital.
9. 08/03/2021 Think like a queen & queen is not afraid to fail, failure is another stopping stone to greatness by THE INTERNATIONAL ASSOCIATION OF LIONS CLUBS.
10. 13/10/2019 Madhya Rajasthan Pradashik Maheshewari Sabha Pradesh samalan avam saman samrho.
11. 28/10/2018 Awareing Jat community towards Mental health by Jat Doctor development & welfare society Jodhpur.
12. 24/09/2006 Pratebhaawan chatra Saman Samhro. By Jat Samaj Sansthan, Jodhpur.

I Believe:

It is mandatory to be consistent, when it comes to work towards attaining our goals. You never know, the moment you surrendered could be the one waiting to reward you for all the hard work done by you so far. Keeping faith in oneself and continuously striving towards the goal is of utmost importance as it's only you who can bring positive changes to your life; nobody else is capable of doing this to you.

Dr. Madhushree Choudhary